

Table A-18. States — Health Conditions and Chronic Disease-Related Characteristics and Diabetes

Geographic area	High blood pressure (percent)		High blood cholesterol (percent)		Cigarette smoking ¹ (percent)		Heavy drinking ² (percent)		Above healthy weight ³ (percent)		Obesity ⁴ (percent)		Diagnosed diabetes (percent)		No leisure time physical activity in the past month (percent)	
	2001	1991	2001	1991	2003	1991	2001	1991	2001	1991	2001	1991	2001	1991	2001	1991
United States⁵ . . .	25.6	21.0	30.2	26.2	22.1	24.2	5.1	3.4	58.9	46.2	21.4	12.9	6.5	4.8	25.4	28.0
Alabama	31.6	26.7	32.9	25.8	25.3	22.9	4.2	3.2	61.6	46.8	24.9	14.4	9.6	5.1	31.2	34.2
Alaska	21.8	19.2	28.7	31.2	26.3	26.9	5.8	4.1	63.3	48.7	22.9	13.6	4.0	4.3	21.1	22.1
Arizona	23.6	19.1	30.3	27.2	21.0	24.2	6.1	3.6	56.0	41.3	19.3	11.8	6.1	3.8	21.9	24.3
Arkansas	29.7	22.9	29.9	26.4	24.8	26.9	4.6	2.5	59.5	47.5	23.0	13.5	7.8	4.8	31.5	36.0
California	23.3	20.2	31.7	25.7	16.8	20.1	6.2	4.1	59.4	44.6	22.6	10.8	6.5	4.8	26.6	23.3
Colorado	21.6	19.0	29.4	24.1	18.5	24.3	5.5	4.1	51.7	35.8	15.5	8.9	4.6	2.9	19.2	18.6
Connecticut	24.0	22.1	29.8	27.6	18.7	23.0	5.2	4.0	55.1	43.1	18.2	11.4	6.3	4.6	24.0	25.8
Delaware	27.2	21.9	30.5	30.5	21.9	26.5	7.1	4.0	59.1	50.1	21.4	15.7	7.1	4.9	25.7	31.5
District of Columbia	29.0	20.3	29.0	20.3	22.3	22.3	6.1	3.1	52.1	46.6	20.2	16.2	8.3	6.7	24.2	39.4
Florida	26.9	20.3	31.0	24.9	23.9	25.0	5.5	3.8	55.8	45.1	19.2	10.6	8.2	5.1	27.7	28.5
Georgia	26.9	20.9	31.9	22.3	22.8	21.9	3.9	2.0	59.4	47.1	23.1	9.8	6.9	5.6	27.3	39.9
Hawaii	24.1	21.2	25.1	30.0	17.3	20.7	5.1	5.2	51.4	40.4	18.3	10.5	6.2	6.5	18.9	23.4
Idaho	24.6	19.3	30.3	25.7	19.0	21.7	4.2	2.2	59.3	45.7	21.0	12.3	5.4	3.7	21.0	22.1
Illinois	24.8	22.2	29.4	27.2	24.3	24.5	5.5	2.0	58.6	46.7	21.7	13.6	6.6	5.1	26.5	36.1
Indiana	25.8	24.5	30.1	27.4	26.1	25.2	4.4	3.4	60.0	49.3	25.1	15.7	6.5	5.4	26.2	26.9
Iowa	25.5	20.5	30.4	24.5	21.7	21.6	4.7	3.5	59.8	46.2	23.4	15.0	5.7	3.8	25.9	30.1
Kansas	23.9	(NA)	29.2	(NA)	20.4	(NA)	4.8	(NA)	57.0	(NA)	22.2	(NA)	5.8	(NA)	26.7	(NA)
Kentucky	30.1	22.5	31.1	30.2	30.8	30.9	2.7	3.3	62.1	48.6	24.8	13.7	6.7	4.8	33.4	42.0
Louisiana	27.6	20.9	27.6	24.6	26.6	25.0	4.1	4.6	60.3	49.4	25.0	16.5	7.6	6.3	35.6	32.6
Maine	25.2	21.6	30.3	26.2	23.6	26.9	5.5	3.4	58.7	47.0	20.0	12.8	6.7	4.2	23.2	34.9
Maryland	26.3	19.9	31.1	24.7	20.2	22.6	5.2	3.2	57.0	43.6	20.4	11.9	6.9	5.2	24.2	27.8
Massachusetts	23.6	21.7	29.7	26.5	19.2	22.9	7.0	5.2	54.4	43.1	17.1	9.3	5.6	4.4	22.8	25.2
Michigan	27.3	23.9	33.6	31.5	26.2	27.8	5.9	4.9	60.2	50.7	25.8	16.3	7.2	5.4	23.4	28.6
Minnesota	22.3	19.9	30.2	24.9	21.1	24.2	5.8	3.6	60.5	45.2	20.4	11.3	4.4	3.7	17.1	23.7
Mississippi	31.3	29.9	31.0	25.7	25.6	24.8	4.5	2.8	63.8	48.9	27.1	16.2	9.3	7.0	33.4	42.6
Missouri	26.5	23.8	31.3	25.2	27.3	25.5	4.8	4.5	59.4	45.7	23.8	12.6	6.6	4.1	27.5	36.3
Montana	26.8	18.5	29.0	27.8	19.9	22.7	4.4	3.9	56.8	43.0	19.2	10.1	5.6	4.9	21.9	16.6
Nebraska	22.6	23.4	27.8	24.2	21.3	22.3	4.3	3.0	59.1	47.7	21.2	13.8	5.2	4.8	31.4	25.2
Nevada	25.6	(NA)	36.5	(NA)	25.2	(NA)	7.8	(NA)	56.5	(NA)	19.9	(NA)	5.7	(NA)	22.6	(NA)
New Hampshire	22.8	19.7	31.0	29.3	21.2	24.1	6.3	5.5	56.0	42.5	19.9	10.9	5.4	4.7	19.5	21.3
New Jersey	26.1	21.1	30.2	25.3	19.5	22.6	4.0	3.9	57.7	43.0	20.0	10.4	7.1	4.3	26.6	31.4
New Mexico	20.0	14.8	24.8	23.3	22.0	16.7	5.0	2.6	57.1	40.2	20.3	8.5	6.2	3.4	25.8	33.7
New York	26.0	21.5	30.1	25.0	21.6	24.2	5.0	2.5	56.0	45.8	20.8	13.8	6.6	5.2	28.7	34.3
North Carolina	27.2	18.3	28.9	24.8	24.8	24.5	4.1	3.0	58.8	46.1	23.1	13.9	6.7	6.3	26.4	33.4
North Dakota	24.1	18.6	29.6	26.1	20.5	20.2	4.8	2.5	61.5	47.5	20.6	13.7	5.1	4.4	23.2	28.0
Ohio	26.6	19.0	32.8	23.8	25.4	23.1	5.4	3.4	60.1	49.3	22.8	16.2	7.2	4.5	26.2	39.7
Oklahoma	28.5	24.3	29.6	26.8	25.2	25.6	3.5	2.3	61.6	47.8	23.2	12.5	7.7	4.0	32.8	36.7
Oregon	24.9	19.5	32.1	26.5	21.0	21.3	5.9	3.7	58.2	45.2	21.6	12.0	5.7	4.8	20.8	19.6
Pennsylvania	28.1	23.6	32.5	26.6	25.5	25.8	5.2	5.2	60.4	50.3	22.6	15.1	6.7	6.5	24.7	26.4
Rhode Island	25.4	22.0	33.1	28.2	22.4	25.4	7.5	4.9	56.0	42.4	18.1	10.2	6.4	5.6	24.9	28.0
South Carolina	28.8	23.9	27.8	26.8	25.5	23.9	5.5	1.3	59.8	49.0	23.0	14.5	8.1	6.5	26.4	36.1
South Dakota	24.1	18.7	29.5	24.9	22.7	23.1	3.9	2.7	59.4	48.6	21.6	13.1	6.1	3.4	25.4	27.1
Tennessee	29.3	23.0	33.2	24.3	25.7	28.5	2.5	1.3	58.9	47.1	24.2	13.2	7.7	7.2	35.1	38.8
Texas	25.6	20.6	31.8	26.1	22.1	22.1	5.4	5.1	61.3	45.9	25.2	13.0	7.1	4.7	27.1	27.0
Utah	22.3	19.6	29.0	24.6	12.0	14.4	3.1	3.3	54.8	41.4	19.9	10.5	4.3	3.9	16.5	20.8
Vermont	21.4	22.1	29.5	28.1	19.6	22.6	6.8	3.6	52.1	44.6	18.1	10.7	5.1	4.5	20.3	26.6
Virginia	25.8	15.6	30.7	29.9	22.1	22.2	5.1	2.9	57.6	40.0	21.4	10.7	6.0	4.2	23.2	25.2
Washington	24.4	19.0	29.2	26.5	19.5	24.2	5.0	3.4	56.0	41.9	19.9	11.0	5.7	5.0	17.1	20.6
West Virginia	32.5	24.4	37.7	30.4	27.4	25.5	3.0	1.9	63.0	49.4	25.3	15.6	8.8	6.0	31.7	42.3
Wisconsin	24.1	22.0	29.7	26.9	22.1	26.9	8.7	5.0	59.1	48.9	22.7	13.1	5.6	4.9	20.7	25.0
Wyoming	22.4	(NA)	30.5	(NA)	24.6	(NA)	5.2	(NA)	55.6	(NA)	19.9	(NA)	4.5	(NA)	21.2	(NA)

NA Not available.

¹Has smoked 100 cigarettes or more and currently smokes.

²Having consumed an average of more than 2 drinks for males and more than 1 drink for females per day in the past month.

³Overweight is defined as having a body mass index greater than or equal to 25.0 and less than or equal to 99.8 kg/m².

⁴In adults age 20 years and over. Obesity is defined as having a body mass index greater than or equal to 30.0 and less than or equal to 99.8 kg/m².

⁵Represents median value among the states and DC.

Survey, Census, or Data Collection Method: Based on the Behavioral Risk Factor Surveillance System (BRFSS); for information, see Internet site <<http://www.cdc.gov/brfss/>>.

Source: U.S. Centers for Disease Control and Prevention, Atlanta, GA, *Morbidity and Mortality Weekly Report*, Vol. 53, No. 44, November 12, 2004; Vol. 52, No. 53, January 9, 2004; and *Supplemental Summaries* Vol. 52, No. SS-8, August 22, 2003; see Internet site <<http://www.cdc.gov/mmwr/>>.