

**Table 186. Persons 65 Years Old and Over With Limitation of Activity Caused by Chronic Conditions: 2000 to 2006**

[In percent. Covers noninstitutionalized persons 65 years old and over. To determine activities of daily living (ADL) limitations, respondents were asked "Because of a physical, mental, or emotional problem, does (this person) need the help of other persons with personal care needs, such as eating, bathing, dressing, or getting around inside this home?" Instrumental activities of daily living (IADL) were determined by asking respondents "Because of a physical, mental, or emotional problem, does (this person) need the help of other persons in handling routine needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes?" See also headnote, Table 185]

Characteristic	Percent with ADL limitation				Percent with IADL limitation			
	2000	2004	2005	2006	2000	2004	2005	2006
<b>Total</b> <sup>1, 2</sup> .....	<b>6.3</b>	<b>6.1</b>	<b>6.2</b>	<b>5.8</b>	<b>12.7</b>	<b>11.5</b>	<b>12.0</b>	<b>11.2</b>
65 to 74 years old .....	3.3	2.9	3.2	3.2	6.6	5.5	6.4	5.6
75 years old and over .....	9.5	9.5	9.4	8.6	19.3	18.1	18.3	17.3
Male <sup>2</sup> .....	5.1	4.8	4.6	4.6	9.2	8.4	8.1	7.9
Female <sup>2</sup> .....	7.0	6.9	7.2	6.6	15.1	13.6	14.8	13.6
Not Hispanic or Latino <sup>2</sup> .....	6.1	5.8	5.9	5.7	12.6	11.3	11.8	11.1
White .....	5.7	5.5	5.4	5.2	12.1	10.7	11.2	10.2
Black or African American .....	10.1	8.7	10.1	11.1	19.1	17.1	17.7	19.7
Hispanic or Latino <sup>2, 3</sup> .....	8.6	10.4	10.7	7.7	13.4	14.8	16.9	12.8
Mexican .....	9.4	10.7	12.0	7.6	16.3	15.3	19.6	12.2

<sup>1</sup> Includes other races not shown separately. <sup>2</sup> Estimates are age adjusted to the year 2000 standard using two age groups: 65–74 years and 75 years and over. <sup>3</sup> Persons of Hispanic origin may be of any race.

Source: U.S. National Center for Health Statistics, *Health, United States, annual*; <<http://www.cdc.gov/nchs/hus.htm>>.