A study by the U.S. Department of Health and Human Services to better understand the health issues faced by children in the United States today.

The U.S. Census Bureau is required by law to protect your information and is not permitted to publicly release your responses in a way that could identify you or your household. The U.S. Census Bureau is conducting the National Survey of Children’s Health on the behalf of the Department of Health and Human Services (HHS) under Title 13, United States Code, Section 8(b), which allows the Census Bureau to conduct surveys on behalf of other agencies. Title 42 U.S.C. Section 701(a)(2) allows HHS to collect information for the purpose of understanding the health and well-being of children in the United States. Federal law protects your privacy and keeps your answers confidential under 13 U.S.C. Section 9. Per the Federal Cybersecurity Enhancement Act of 2015, your data are protected from cybersecurity risks through screening of the systems that transmit your data.

Any information you provide will be shared for the work-related purposes identified above and as permitted under the Privacy Act of 1974 (5 U.S.C. Section 552a) and SORN COMMERCE/CENSUS-3, Demographic Survey Collection (Census Bureau Sampling Frame).

Participation in this survey is voluntary and there are no penalties for refusing to answer questions. However, your cooperation in obtaining this much needed information is extremely important in order to ensure complete and accurate results.
Start Here

Recently, you completed a survey that asked about the children usually living or staying at this address. Thank you for taking the time to complete that survey.

We now have some follow-up questions to ask about:

If the name listed above is not correct or does not correspond to a child living in this household, please call 1-800-845-8241 for assistance.

We have selected only one child per household in an effort to minimize the amount of time you will need to complete the follow-up questions.

The survey should be completed by an adult who is familiar with this child’s health and health care.

Your participation is important. Thank you.

A. This Child’s Health

A1 In general, how would you describe this child’s health (the one named above)?

☐ Excellent
☐ Very good
☐ Good
☐ Fair
☐ Poor

A2 How would you describe the condition of this child’s teeth?

☐ Excellent
☐ Very good
☐ Good
☐ Fair
☐ Poor

A3 How often does this child...

a. Show interest and curiosity in learning new things?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

b. Work to finish tasks he or she starts?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

c. Stay calm and in control when faced with a challenge?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

d. Care about doing well in school?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

e. Do all required homework?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

f. Argue too much?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

A4 DURING THE PAST 12 MONTHS, how often was this child bullied, picked on, or excluded by other children? If the frequency changed throughout the year, report the highest frequency.

☐ Never (in the past 12 months)
☐ 1-2 times (in the past 12 months)
☐ 1-2 times per month
☐ 1-2 times per week
☐ Almost every day

A5 DURING THE PAST 12 MONTHS, how often did this child bully others, pick on them, or exclude them? If the frequency changed throughout the year, report the highest frequency.

☐ Never (in the past 12 months)
☐ 1-2 times (in the past 12 months)
☐ 1-2 times per month
☐ 1-2 times per week
☐ Almost every day
### A6 DURING THE PAST 12 MONTHS, has this child had FREQUENT or CHRONIC difficulty with any of the following?

- a. Breathing or other respiratory problems (such as wheezing or shortness of breath)
- b. Eating or swallowing because of a health condition
- c. Digesting food, including stomach/intestinal problems, constipation, or diarrhea
- d. Repeated or chronic physical pain, including headaches or other back or body pain
- e. Toothaches
- f. Bleeding gums
- g. Decayed teeth or cavities

### A7 Does this child have any of the following?

- a. Serious difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional condition
- b. Serious difficulty walking or climbing stairs
- c. Difficulty dressing or bathing
- d. Difficulty doing errands alone, such as visiting a doctor’s office or shopping, because of a physical, mental, or emotional condition
- e. Deafness or problems with hearing
- f. Blindness or problems with seeing, even when wearing glasses

### A8 Allergies (including food, drug, insect, or other)?

- If yes, does this child CURRENTLY have the condition?
  - Yes [☐]  No [☐]

### A9 Arthritis?

- If yes, does this child CURRENTLY have the condition?
  - Yes [☐]  No [☐]

### A10 Has a doctor or other health care provider EVER told you that this child has...

- a. Asthma?
  - Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]

### A11 Brain injury, concussion or head injury?

- Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]

### A12 Cerebral Palsy?

- Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]

### A13 Diabetes?

- Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]

### A14 Epilepsy or Seizure Disorder?

- Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]

### A15 Heart Condition?

- Yes [☐]  No [☐]
  - If yes, does this child CURRENTLY have the condition?
    - Yes [☐]  No [☐]
    - If yes, is it:
      - Mild [☐]  Moderate [☐]  Severe [☐]
Has a doctor or other health care provider EVER told you that this child has...

Frequent or severe headaches, including migraine?

- Yes ☐  No ☐
  - If yes, does this child CURRENTLY have the condition?
    - Yes ☐  No ☐
      - If yes, is it:
        - Mild ☐  Moderate ☐  Severe ☐

Tourette Syndrome?

- Yes ☐  No ☐
  - If yes, does this child CURRENTLY have the condition?
    - Yes ☐  No ☐
      - If yes, is it:
        - Mild ☐  Moderate ☐  Severe ☐

Anxiety Problems?

- Yes ☐  No ☐
  - If yes, does this child CURRENTLY have the condition?
    - Yes ☐  No ☐
      - If yes, is it:
        - Mild ☐  Moderate ☐  Severe ☐

Depression?

- Yes ☐  No ☐
  - If yes, does this child CURRENTLY have the condition?
    - Yes ☐  No ☐
      - If yes, is it:
        - Mild ☐  Moderate ☐  Severe ☐

Down Syndrome?

- Yes ☐  No ☐
  - If yes, is it:
    - Mild ☐  Moderate ☐  Severe ☐

Blood Disorders (such as Sickle Cell Disease, Thalassemia, or Hemophilia)?

- Yes ☐  No ☐
  - If yes, is it:
    - Mild ☐  Moderate ☐  Severe ☐

Was this condition identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.

- Yes ☐  No ☐
  - If yes, was this child diagnosed with:
    - Sickle Cell Disease? ☐  Yes ☐  No ☐
    - Thalassemia? ☐  Yes ☐  No ☐
    - Hemophilia? ☐  Yes ☐  No ☐
    - Other Blood Disorders? ☐  Yes ☐  No ☐

Cystic Fibrosis?

- Yes ☐  No ☐
  - If yes, is it:
    - Mild ☐  Moderate ☐  Severe ☐

Was this condition identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.

- Yes ☐  No ☐
  - If yes, was this condition diagnosed with:
    - Sickle Cell Disease? ☐  Yes ☐  No ☐
    - Thalassemia? ☐  Yes ☐  No ☐
    - Hemophilia? ☐  Yes ☐  No ☐
    - Other Blood Disorders? ☐  Yes ☐  No ☐

Other genetic or inherited condition?

- Yes ☐  No ☐
  - If yes, specify:

    - Is it:
      - Mild ☐  Moderate ☐  Severe ☐

Was this condition identified through a blood test done shortly after birth? These tests are sometimes called newborn screening.

- Yes ☐  No ☐
  - If yes, was this condition diagnosed with:

Substance Use Disorder?

- Yes ☐  No ☐
  - If yes, does this child CURRENTLY have the disorder?
    - Yes ☐  No ☐
      - If yes, is it:
        - Mild ☐  Moderate ☐  Severe ☐
### Behavioral or Conduct Problems?

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the condition?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

### Developmental Delay?

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the condition?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

### Intellectual Disability (formerly known as Mental Retardation)?

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the disability?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

### Speech or other language disorder?

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the condition?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

### Learning Disability?

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the disability?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

### Has a doctor or other health care provider EVER told you that this child has...?

- **Examples of educators are teachers and school nurses.**

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**A30** Has a doctor or other health care provider EVER told you that this child has Autism or Autism Spectrum Disorder (ASD)? Include diagnoses of Asperger’s Disorder or Pervasive Developmental Disorder (PDD).

- **Yes**
- **No**

  - **If yes,** does this child CURRENTLY have the condition?
    - **Yes**
    - **No**
      - **If yes,** is it:
        - **Mild**
        - **Moderate**
        - **Severe**

---

**A31** How old was this child when a doctor or other health care provider FIRST told you that he or she had Autism, ASD, Asperger’s Disorder or PDD?

- **Age in years**
- **Don’t know**

**A32** What type of doctor or other health care provider was the FIRST to tell you that this child had Autism, ASD, Asperger’s Disorder or PDD? Mark (X) ONE box.

- Primary Care Provider
- Specialist
- School Psychologist/Counselor
- Other Psychologist (Non-School)
- Psychiatrist
- Other, specify:

- **Don’t know**

**A33** Is this child CURRENTLY taking medication for Autism, ASD, Asperger’s Disorder or PDD?

- **Yes**
- **No**

**A34** At any time DURING THE PAST 12 MONTHS, did this child receive behavioral treatment for Autism, ASD, Asperger’s Disorder or PDD, such as training or an intervention that you or this child received to help with his or her behavior?

- **Yes**
- **No**
B. This Child as an Infant

B1 Was this child born more than 3 weeks before his or her due date?

- Yes
- No

B2 What month and year was this child born?

- Birth Month / 4-Digit Birth Year

- Yes
- No

B3 How much did he or she weigh when born? Answer in pounds and ounces OR kilograms and grams. Your best estimate is fine.

- Yes
- No

B4 What was the age of the mother when this child was born? Your best estimate is fine.

- Yes
- No

C. Health Care Services

C1 During the past 12 months, did this child see a doctor, nurse, or other health care professional for sick-child care, well-child check-ups, physical exams, hospitalizations or any other kind of medical care?

- Yes
- No

C2 If yes, at his or her last medical care visit, did this child have a chance to speak with a doctor or other health care provider privately, without you or another caregiver in the room?

- Yes
- No

C3 During the past 12 months, how many times did this child visit a doctor, nurse, or other health care professional to receive a preventive check-up? A preventive check-up is when this child was not sick or injured, such as an annual or sports physical, or well-child visit.

- 0 visits
- 1 visit
- 2 or more visits

- Yes
- No

C5 on page 7

NSCH-T3
Thinking about the LAST TIME you took this child for a PREVENTIVE check-up, about how long was the doctor or health care provider who examined this child in the room with you? Your best estimate is fine.

☐ Less than 10 minutes
☐ 10-20 minutes
☐ More than 20 minutes

What is this child’s CURRENT height? Your best estimate is fine.

feet AND inches

OR

meters AND centimeters

How much does this child CURRENTLY weigh? Your best estimate is fine.

pounds

OR

kilograms

Are you concerned about this child’s weight?

☐ Yes, it’s too high
☐ Yes, it’s too low
☐ No, I am not concerned

Has a doctor or other health care provider ever told you that this child is overweight?

☐ Yes
☐ No

Is there a place you or another caregiver USUALLY take this child when he or she is sick or you need advice about his or her health?

☐ Yes
☐ No ➔ SKIP to question C11

If yes, where does this child USUALLY go first? Mark (X) ONE box.

☐ Doctor’s Office
☐ Hospital Emergency Room
☐ Hospital Outpatient Department
☐ Clinic or Health Center
☐ Retail Store Clinic or “Minute Clinic”
☐ School (Nurse’s Office, Athletic Trainer’s Office)
☐ Some other place

Is there a place that this child USUALLY goes when he or she needs routine preventive care, such as a physical examination or well-child check-up?

☐ Yes
☐ No ➔ SKIP to question C13

If yes, is this the same place this child goes when he or she is sick?

☐ Yes
☐ No

DURING THE PAST 12 MONTHS, has this child had his or her vision tested, such as with pictures, shapes, or letters?

☐ Yes
☐ No ➔ SKIP to question C15 on page 8

If yes, where was this child’s vision tested? Mark (X) ALL that apply.

☐ Eye doctor or eye specialist (ophthalmologist, optometrist) office
☐ Pediatrician or other general doctor’s office
☐ Clinic or health center
☐ School
☐ Other, specify:

Is there a place you or another caregiver USUALLY take this child when he or she is sick or you need advice about his or her health?

☐ Yes
☐ No ➔ SKIP to question C9
DURING THE PAST 12 MONTHS, did this child see a dentist or other oral health care provider for any kind of dental or oral health care?

☐ Yes, saw a dentist
☐ Yes, saw other oral health care provider
☐ No → SKIP to question C18

If yes, DURING THE PAST 12 MONTHS, did this child see a dentist or other oral health care provider for PREVENTIVE dental care, such as check-ups, dental cleanings, dental sealants, or fluoride treatments?

☐ No preventive visits in the past 12 months → SKIP to question C18
☐ Yes, 1 visit
☐ Yes, 2 or more visits

If yes, DURING THE PAST 12 MONTHS, what preventive dental service(s) did this child receive?

☐ Check-up
☐ Cleaning
☐ Instruction on tooth brushing and oral health care
☐ X-Rays
☐ Fluoride treatment
☐ Sealant (plastic coatings on back teeth)
☐ Don’t know

DURING THE PAST 12 MONTHS, has this child received any treatment or counseling from a mental health professional? Mental health professionals include psychiatrists, psychologists, psychiatric nurses, and clinical social workers.

☐ Yes
☐ No, but this child needed to see a mental health professional
☐ No, this child did not need to see a mental health professional → SKIP to question C20

How difficult was it to get the mental health treatment or counseling that this child needed?

☐ Not difficult
☐ Somewhat difficult
☐ Very difficult
☐ It was not possible to obtain care

DURING THE PAST 12 MONTHS, has this child taken any medication because of difficulties with his or her emotions, concentration, or behavior?

☐ Yes
☐ No

DURING THE PAST 12 MONTHS, did this child see a specialist other than a mental health professional? Specialists are doctors like surgeons, heart doctors, allergy doctors, skin doctors, and others who specialize in one area of health care.

☐ Yes
☐ No, but this child needed to see a specialist
☐ No, this child did not need to see a specialist → SKIP to question C23

How difficult was it to get the specialist care that this child needed?

☐ Not difficult
☐ Somewhat difficult
☐ Very difficult
☐ It was not possible to obtain care

DURING THE PAST 12 MONTHS, did this child use any type of alternative health care or treatment? Alternative health care can include acupuncture, chiropractic care, relaxation therapies, herbal supplements, and others. Some therapies involve seeing a health care provider, while others can be done on your own.

☐ Yes
☐ No

DURING THE PAST 12 MONTHS, was there any time when this child needed health care but it was not received? By health care, we mean medical care as well as other kinds of care like dental care, vision care, and mental health services.

☐ Yes
☐ No → SKIP to question C27 on page 9

If yes, DURING THE PAST 12 MONTHS, which types of care were not received? Mark (X) ALL that apply.

☐ Medical Care
☐ Dental Care
☐ Vision Care
☐ Hearing Care
☐ Mental Health Services
☐ Other, specify: ☐
### D. Experience with This Child's Health Care Providers

#### C26 Did any of the following reasons contribute to this child not receiving needed health services? Mark (X) Yes or No for each item.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. This child was not eligible for the services</td>
<td></td>
<td></td>
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<tr>
<td>b. The services this child needed were not available in your area</td>
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<tr>
<td>c. There were problems getting an appointment when this child needed one</td>
<td></td>
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<tr>
<td>d. There were problems with getting transportation or child care</td>
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<tr>
<td>e. The clinic or doctor's office wasn't open when this child needed care</td>
<td></td>
<td></td>
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<tr>
<td>f. There were issues related to cost</td>
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</tbody>
</table>

#### C27 DURING THE PAST 12 MONTHS, how often were you frustrated in your efforts to get services for this child?

- [ ] Never
- [ ] Sometimes
- [ ] Usually
- [ ] Always

#### C28 DURING THE PAST 12 MONTHS, how many times did this child visit a hospital emergency room?

- [ ] None
- [ ] 1 time
- [ ] 2 or more times

#### C29 DURING THE PAST 12 MONTHS, was this child admitted to the hospital to stay for at least one night?

- [ ] Yes
- [ ] No

#### C30 Has this child EVER had a special education or early intervention plan? Children receiving these services often have an Individualized Family Service Plan (IFSP) or Individualized Education Plan (IEP).

- [ ] Yes
- [ ] No → SKIP to question C33

#### C31 If yes, how old was this child at the time of the FIRST plan?

[ ] Years AND [ ] Months

#### C32 Is this child CURRENTLY receiving services under one of these plans?

- [ ] Yes
- [ ] No

#### C33 Has this child EVER received special services to meet his or her developmental needs such as speech, occupational, or behavioral therapy?

- [ ] Yes
- [ ] No → SKIP to question D1

#### C34 If yes, how old was this child when he or she began receiving these special services?

[ ] Years AND [ ] Months

#### C35 Is this child CURRENTLY receiving these special services?

- [ ] Yes
- [ ] No

#### D1 Do you have one or more persons you think of as this child’s personal doctor or nurse? A personal doctor or nurse is a health professional who knows this child well and is familiar with this child’s health history. This can be a general doctor, a pediatrician, a specialist doctor, a nurse practitioner, or a physician’s assistant.

- [ ] Yes, one person
- [ ] Yes, more than one person
- [ ] No

#### D2 DURING THE PAST 12 MONTHS, did this child need a referral to see any doctors or receive any services?

- [ ] Yes
- [ ] No → SKIP to question D4 on page 10

#### D3 How difficult was it to get referrals?

- [ ] Not difficult
- [ ] Somewhat difficult
- [ ] Very difficult
- [ ] It was not possible to get a referral
During the past 12 months, have you felt that you could have used extra help arranging or coordinating this child’s care among the different health care providers or services?

- Yes
- No → SKIP to question D10

If yes, during the past 12 months, how often did you get as much help as you wanted with arranging or coordinating this child’s health care?

- Usually
- Sometimes
- Never

During the past 12 months, how satisfied were you with the communication between this child’s doctors and other health care providers?

- Very satisfied
- Somewhat satisfied
- Somewhat dissatisfied
- Very dissatisfied

During the past 12 months, did this child need any decisions to be made regarding his or her health care, such as whether to get prescriptions, referrals, or procedures?

- Yes
- No → SKIP to question D7

If yes, during the past 12 months, how often did this child’s doctors or other health care providers...

a. Discuss with you the range of options to consider for his or her health care or treatment?

b. Make it easy for you to raise concerns or disagree with recommendations for this child’s health care?

c. Work with you to decide together which health care and treatment choices would be best for this child?

During the past 12 months, did anyone help you arrange or coordinate this child’s care among the different doctors or services that this child uses?

- Yes
- No
- Did not see more than one health care provider in the past 12 months → SKIP to question D11

During the past 12 months, did this child’s health care provider communicate with the child’s school, child care provider, or special education program?

- Yes
- No → SKIP to question D13

If yes, during this time, how satisfied were you with the health care provider’s communication with the school, child care provider, or special education program?

- Very satisfied
- Somewhat satisfied
- Somewhat dissatisfied
- Very dissatisfied

Do any of this child’s doctors or other health care providers treat only children?

- Yes
- No → SKIP to question D15 on page 11
### E. This Child’s Health Insurance Coverage

#### DURING THE PAST 12 MONTHS, was this child EVER covered by ANY kind of health insurance or health coverage plan?
- Yes, this child was covered all 12 months → **SKIP to question** E4 on page 12
- Yes, but this child had a gap in coverage
- No

#### DURING THE PAST 12 MONTHS, was this child CURRENTLY covered by ANY kind of health insurance or health coverage plan?
- Yes
- No → **SKIP to question** F1 on page 12

#### E1
- Change in employer or employment status
- Cancellation due to overdue premiums
- Dropped coverage because it was unaffordable
- Dropped coverage because benefits were inadequate
- Dropped coverage because choice of health care providers was inadequate
- Problems with application or renewal process
- Other, specify:

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<tr>
<td>Other, specify:</td>
<td></td>
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</tbody>
</table>
E4 Is this child CURRENTLY covered by any of the following types of health insurance or health coverage plans? Mark (X) Yes or No for EACH item.

a. Insurance through a current or former employer or union
b. Insurance purchased directly from an insurance company
c. Medicaid, Medical Assistance, or any kind of government assistance plan for those with low incomes or a disability
d. TRICARE or other military health care
e. Indian Health Service
f. Other, specify:

E5 How often does this child’s health insurance offer benefits or cover services that meet this child’s needs?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

E6 How often does this child’s health insurance allow him or her to see the health care providers he or she needs?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

E7 Thinking specifically about this child’s mental or behavioral health needs, how often does this child’s health insurance offer benefits or cover services that meet these needs?

☐ This child does not use mental or behavioral health services
☐ Always
☐ Usually
☐ Sometimes
☐ Never

F1 Including co-pays and amounts reimbursed from Health Savings Accounts (HSA) and Flexible Spending Accounts (FSA), how much money did you pay for this child’s medical, health, dental, and vision care DURING THE PAST 12 MONTHS? Do not include health insurance premiums or costs that were or will be reimbursed by insurance or another source.

☐ $0 (No medical or health-related expenses) ➔ SKIP to question F4
☐ $1-$249
☐ $250-$499
☐ $500-$999
☐ $1,000-$5,000
☐ More than $5,000

F2 How often are these costs reasonable?

☐ Always
☐ Usually
☐ Sometimes
☐ Never

F3 DURING THE PAST 12 MONTHS, did your family have problems paying for any of this child’s medical or health care bills?

☐ Yes
☐ No

F4 DURING THE PAST 12 MONTHS, have you or other family members...

a. Left a job or taken a leave of absence because of this child’s health or health conditions?
b. Cut down on the hours you work because of this child’s health or health conditions?
c. Avoided changing jobs because of concerns about maintaining health insurance for this child?

☐ Yes
☐ No
G. This Child’s Schooling and Activities

DURING THE PAST 12 MONTHS, about how many days did this child miss school because of illness or injury? Include days missed from any formal home schooling.

- No missed school days
- 1-3 days
- 4-6 days
- 7-10 days
- 11 or more days
- This child was not enrolled in school

DURING THE PAST 12 MONTHS, how often did you attend events or activities that this child participated in?

- Always
- Usually
- Sometimes
- Rarely
- Never

DURING THE PAST 12 MONTHS, did this child participate in...

- A sports team or did he or she take sports lessons after school or on weekends?
- Any club(s) or organizations after school or on weekends?
- Any other organized activities or lessons, such as music, dance, language, or other arts?
- Any type of community service or volunteer work at school, place of worship, or in the community?
- Any paid work, including regular jobs as well as babysitting, cutting grass, or other occasional work?

DURING THE PAST WEEK, on how many days did this child exercise, play a sport, or participate in physical activity for at least 60 minutes?

- 0 days
- 1-3 days
- 4-6 days
- Every day

Compared to other children his or her age, how much difficulty does this child have making or keeping friends?

- No difficulty
- A little difficulty
- A lot of difficulty
H. About You and This Child

H1 Was this child born in the United States?
[ ] Yes → SKIP to question H3
[ ] No

H2 If no, how long has this child been living in the United States?
[ ] Years AND [ ] Months

H3 How many times has this child moved to a new address since he or she was born?
[ ] Number of times

H4 How often does this child go to bed at about the same time on weeknights?
[ ] Always
[ ] Usually
[ ] Sometimes
[ ] Rarely
[ ] Never

H5 DURING THE PAST WEEK, how many hours of sleep did this child get on most weeknights?
[ ] Less than 6 hours
[ ] 6 hours
[ ] 7 hours
[ ] 8 hours
[ ] 9 hours
[ ] 10 hours
[ ] 11 or more hours

H6 ON MOST WEEKDAYS, about how much time did this child spend in front of a TV, computer, cellphone or other electronic device watching programs, playing games, accessing the internet or using social media? Do not include time spent doing schoolwork.
[ ] Less than 1 hour
[ ] 1 hour
[ ] 2 hours
[ ] 3 hours
[ ] 4 or more hours

H7 How well can you and this child share ideas or talk about things that really matter?
[ ] Very well
[ ] Somewhat well
[ ] Not very well
[ ] Not well at all

H8 How well do you think you are handling the day-to-day demands of raising children?
[ ] Very well
[ ] Somewhat well
[ ] Not very well
[ ] Not well at all

H9 DURING THE PAST MONTH, how often have you felt...

- a. That this child is much harder to care for than most children his or her age?
[ ] Never
[ ] Rarely
[ ] Sometimes
[ ] Usually
[ ] Always

- b. That this child does things that really bother you a lot?
[ ] Never
[ ] Rarely
[ ] Sometimes
[ ] Usually
[ ] Always

- c. Angry with this child?
[ ] Never
[ ] Rarely
[ ] Sometimes
[ ] Usually
[ ] Always

H10 DURING THE PAST 12 MONTHS, was there someone that you could turn to for day-to-day emotional support with parenting or raising children?
[ ] Yes
[ ] No → SKIP to question H11 on page 15

H11 If yes, did you receive emotional support from...

- a. Spouse or domestic partner?
[ ] Yes
[ ] No

- b. Other family member or close friend?
[ ] Yes
[ ] No

- c. Health care provider?
[ ] Yes
[ ] No

- d. Place of worship or religious leader?
[ ] Yes
[ ] No

- e. Support or advocacy group related to specific health condition?
[ ] Yes
[ ] No

- f. Peer support group?
[ ] Yes
[ ] No

- g. Counselor or other mental health professional?
[ ] Yes
[ ] No

- h. Other person, specify:
[ ]

INFORMATIONAL
### I. About Your Family and Household

#### 11. During the past week, on how many days did all the family members who live in the household eat a meal together?

- [ ] 0 days
- [ ] 1-3 days
- [ ] 4-6 days
- [ ] Every day

#### 12. Does anyone living in your household use cigarettes, cigars, or pipe tobacco?

- [ ] Yes
- [ ] No ➔ **SKIP to question 14**

#### 13. If yes, does anyone smoke inside your home?

- [ ] Yes
- [ ] No

#### 14. During the past 12 months, how often were pesticides used inside your residence to control for insects? If the frequency changed throughout the year, report the highest frequency.

- [ ] More than once a week
- [ ] Once a week
- [ ] Once a month
- [ ] Once every 2-5 months
- [ ] Once every 6 months
- [ ] Once during the past 12 months
- [ ] Never
- [ ] Don’t know

#### 15. During the past 12 months, other than in a shower or bathtub, have you seen any mold, mildew or other signs of water damage on walls or other surfaces inside your home?

- [ ] Yes
- [ ] No

### 16. When your family faces problems, how often are you likely to do each of the following?

<table>
<thead>
<tr>
<th></th>
<th>All of the time</th>
<th>Most of the time</th>
<th>Some of the time</th>
<th>None of the time</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Talk together about what to do</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Work together to solve our problems</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Know we have strengths to draw on</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Stay hopeful even in difficult times</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### 17. Since this child was born, how often has it been very hard to cover the basics, like food and housing, on your family’s income?

- [ ] Never
- [ ] Rarely
- [ ] Somewhat often
- [ ] Very often

### 18. Which of these statements best describes your household’s ability to afford the food you need during the past 12 months?

- [ ] We could always afford to eat good nutritious meals.
- [ ] We could always afford enough to eat but not always the kinds of food we should eat.
- [ ] Sometimes we could not afford enough to eat.
- [ ] Often we could not afford enough to eat.

### 19. At any time during the past 12 months, even for one month, did anyone in your family receive...

<table>
<thead>
<tr>
<th></th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Cash assistance from a government welfare program?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Food Stamps or Supplemental Nutrition Assistance Program (SNAP) benefits?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Free or reduced-cost breakfasts or lunches at school?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Benefits from the Woman, Infants, and Children (WIC) Program?</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
In your neighborhood, is/are there:

- a. Sidewalks or walking paths?  
  - Yes □  
  - No □

- b. A park or playground?  
  - Yes □  
  - No □

- c. A recreation center, community center, or boys' and girls' club?  
  - Yes □  
  - No □

- d. A library or bookmobile?  
  - Yes □  
  - No □

- e. Litter or garbage on the street or sidewalk?  
  - Yes □  
  - No □

- f. Poorly kept or rundown housing?  
  - Yes □  
  - No □

- g. Vandalism such as broken windows or graffiti?  
  - Yes □  
  - No □

To what extent do you agree with these statements about your neighborhood or community?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Definitely agree</th>
<th>Somewhat agree</th>
<th>Somewhat disagree</th>
<th>Definitely disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. People in this neighborhood help each other out</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>b. We watch out for each other's children in this neighborhood</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>c. This child is safe in our neighborhood</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>d. When we encounter difficulties, we know where to go for help in our community</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>e. This child is safe at school</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
</tbody>
</table>

Other than you or other adults in your home, is there at least one other adult in this child's school, neighborhood, or community who knows this child well and who he or she can rely on for advice or guidance?

- Yes □  
- No □

The next questions are about events that may have happened during this child's life. These things can happen in any family, but some people may feel uncomfortable with these questions. You may skip any questions you do not want to answer.

To the best of your knowledge, has this child EVER experienced any of the following?

- a. Parent or guardian divorced or separated  
  - Yes □  
  - No □

- b. Parent or guardian died  
  - Yes □  
  - No □

- c. Parent or guardian served time in jail  
  - Yes □  
  - No □

- d. Saw or heard parents or adults slap, hit, kick, punch one another in the home  
  - Yes □  
  - No □

- e. Was a victim of violence or witnessed violence in his or her neighborhood  
  - Yes □  
  - No □

- f. Lived with anyone who was mentally ill, suicidal, or severely depressed  
  - Yes □  
  - No □

- g. Lived with anyone who had a problem with alcohol or drugs  
  - Yes □  
  - No □

- h. Treated or judged unfairly because of his or her race or ethnic group  
  - Yes □  
  - No □
J. Child’s Caregivers

Complete the questions for UP TO TWO ADULTS in the household who are this child’s primary caregivers.

CAREGIVER 1 (You)

J1 How are you related to this child?
- Biological or Adoptive Parent
- Step-parent
- Grandparent
- Foster Parent
- Other: Relative
- Other: Non-Relative

J2 What is your sex?
- Male
- Female

J3 What is your age?
- Age in years

J4 Where were you born?
- In the United States ➔ SKIP to question
- Outside of the United States

J5 When did you come to live in the United States?
Indicate the 4-digit year in which you came to live in the United States.
- 4-Digit Year

J6 What is the highest grade or level of school you have completed? Mark (X) ONE box.
- 8th grade or less
- 9th-12th grade; No diploma
- High School Graduate or GED Completed
- Completed a vocational, trade, or business school program
- Some College Credit, but no Degree
- Associate Degree (AA, AS)
- Bachelor’s Degree (BA, BS, AB)
- Master’s Degree (MA, MS, MSW, MBA)
- Doctorate (PhD, EdD) or Professional Degree (MD, DDS, DVM, JD)

J7 What is your marital status?
- Married
- Not married, but living with a partner
- Never Married
- Divorced
- Separated
- Widowed

J8 In general, how is your physical health?
- Excellent
- Very good
- Good
- Fair
- Poor

J9 In general, how is your mental or emotional health?
- Excellent
- Very good
- Good
- Fair
- Poor
### CAREGIVER 2

**J10** Were you employed at least 50 out of the past 52 weeks?
- [ ] Yes
- [ ] No

**J11** Have you ever served on active duty in the U.S. Armed Forces, Reserves, or the National Guard? *Mark (X) ONE box.*
- [ ] Never served in the military ➔ **SKIP to question J13**
- [ ] Only on active duty for training in the Reserves or National Guard ➔ **SKIP to question J13**
- [ ] Now on active duty
- [ ] On active duty in the past, but not now

**J12** Were you deployed at any time during this child’s life?
- [ ] Yes
- [ ] No

**J13** How is Caregiver 2 related to this child?
- [ ] There is only one primary adult caregiver in the household for this child ➔ **SKIP to question J1 on page 19**
- [ ] Biological or Adoptive Parent
- [ ] Step-parent
- [ ] Grandparent
- [ ] Foster Parent
- [ ] Other: Relative
- [ ] Other: Non-Relative

**J14** What is Caregiver 2’s sex?
- [ ] Male
- [ ] Female

**J15** What is Caregiver 2’s age?
- [ ] Age in years

**J16** Where was Caregiver 2 born?
- [ ] In the United States ➔ **SKIP to question J18**
- [ ] Outside of the United States

**J17** When did Caregiver 2 come to live in the United States?
*Indicate the 4-digit year in which Caregiver 2 came to live in the United States.*

**J18** What is the highest grade or level of school Caregiver 2 has completed? *Mark (X) ONE box.*
- [ ] 8th grade or less
- [ ] 9th-12th grade; No diploma
- [ ] High School Graduate or GED Completed
- [ ] Completed a vocational, trade, or business school program
- [ ] Some College Credit, but no Degree
- [ ] Associate Degree (AA, AS)
- [ ] Bachelor’s Degree (BA, BS, AB)
- [ ] Master’s Degree (MA, MS, MSW, MBA)
- [ ] Doctorate (PhD, EdD) or Professional Degree (MD, DDS, DVM, JD)

**J19** What is Caregiver 2’s marital status?
- [ ] Married
- [ ] Not married, but living with a partner
- [ ] Never Married
- [ ] Divorced
- [ ] Separated
- [ ] Widowed

**J20** In general, how is Caregiver 2’s physical health?
- [ ] Excellent
- [ ] Very good
- [ ] Good
- [ ] Fair
- [ ] Poor
In general, how is Caregiver 2’s mental or emotional health?

- [ ] Excellent
- [ ] Very good
- [ ] Good
- [ ] Fair
- [ ] Poor

Was Caregiver 2 employed at least 50 out of the past 52 weeks?

- [ ] Yes
- [ ] No

Has Caregiver 2 ever served on active duty in the U.S. Armed Forces, Reserves, or the National Guard?

Mark (X) ONE box.

- [ ] Never served in the military → SKIP to question
- [ ] Only on active duty for training in the Reserves or National Guard → SKIP to question
- [ ] Now on active duty
- [ ] On active duty in the past, but not now

Was Caregiver 2 deployed at any time during this child’s life?

- [ ] Yes
- [ ] No

How many people are living or staying at this address?

Include everyone who usually lives or stays at this address. Do NOT include anyone who is living somewhere else for more than two months, such as a college student living away or someone in the Armed Forces on deployment.

- [ ] Number of people

How many of these people in your household are family members? Family is defined as anyone related to this child by blood, marriage, adoption, or through foster care.

- [ ] Number of people

Income in 2018

Mark (X) the “Yes” box for each type of income this child’s family received, and give your best estimate of the TOTAL AMOUNT IN THE LAST CALENDAR YEAR. Mark (X) the “No” box to show types of income NOT received.

a. Wages, salary, commissions, bonuses, or tips for all jobs.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

b. Self-employment income from own nonfarm businesses or farm business, including proprietorships and partnerships.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

c. Interest, dividends, net rental income, royalty income, or income from estates and trusts.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

d. Social security or railroad retirement; retirement, survivor, or disability pensions.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

e. Supplemental security income (SSI); any public assistance or welfare payments from the state or local welfare office.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

f. Any other sources of income received regularly such as Veterans’ (VA) payments, unemployment compensation, child support, or alimony.

- [ ] Yes → $ ___,_____,_____.00
- [ ] No → TOTAL AMOUNT in the last calendar year

The following question is about your 2018 income. Think about your total combined family income IN THE LAST CALENDAR YEAR for all members of the family. What is that amount before taxes? Include money from jobs, child support, social security, retirement income, unemployment payments, public assistance, and so forth. Also, include income from interest, dividends, net income from businesses, farm or rent, and any other money income received.

- $ ___,_____,_____.00
- TOTAL AMOUNT in the last calendar year
Thank you for your participation.

On behalf of the U.S. Department of Health and Human Services, we would like to thank you for the time and effort you have spent sharing information about this child and your family.

Your answers are important to us and will help researchers, policymakers, and family advocates to better understand the health and health care needs of children in our diverse population.

Place the completed questionnaire in the postage-paid return envelope. If the envelope has been misplaced, mail the questionnaire to:

U.S. Census Bureau
ATTN: DCB 60-A
1201 E. 10th Street
Jeffersonville, IN 47132-0001

You may also call 1-800-845-8241 to request a replacement envelope.

We estimate that completing the National Survey of Children’s Health will take 33 minutes on average. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden, to U.S. Department of Commerce, Paperwork Project 0607-0990, U.S. Census Bureau, 4600 Silver Hill Road, Room 8H590, Washington, DC 20233. You may e-mail comments to DEMO.Paperwork@census.gov; use "Paperwork Project 0607-0990" as the subject. This collection has been approved by the Office of Management and Budget (OMB). The eight-digit OMB approval number that appears at the upper left of the form confirms this approval. If this number were not displayed, we could not conduct this survey.